

# SASES

## The South African Society of Endoscopic Surgeons

From the Office of the Honorary Treasurer

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### SILS position statement :

SASES recognizes the practice of Single Incision Laparoscopic Surgery ( SILS ). Few randomized trials are available to compare the benefits to current laparoscopic surgery.

The major benefit to conventional laparoscopic surgery is the introduction of the lens and ports through a single transumbilical skin incision leaving a single scar on completion. No clear benefits with regards to analgesic use, hospital stay and return to work has been shown in most studies including randomised controlled trials, comparative studies and case reports.

It has been shown that SILS can be performed safely by experienced laparoscopic surgeons. Operating times compared to standard laparoscopic surgery for similar procedures are longer. The long term outcomes of a possible increase of incisional hernia's is unknown. The potential for an increase in complications ( eg. Common bile duct injuries, bleeding etc. ) has not been proven through the current available literature.

SASES would urge all its members wishing to perform SILS surgery to enroll in SASES sanctioned advanced training courses to equip themselves to perform the surgery safely.

SASES currently endorses SILS in South Africa for cholecystectomies and appendectomies only.

### Recommended reading :

1. <http://guidance.nice.org.uk/IPG346>
2. Bresadola F, Pasqualucci A, Donini A et al. (1999) Elective transumbilical compared with standard laparoscopic cholecystectomy. European Journal of Surgery 165: 29–34
3. . A. M. J. Broeders Randomized clinical trial of single-incision laparoscopic cholecystectomy versus minilaparoscopic cholecystectomy (Br J Surg 2010; 97: 1007–1012) British Journal of Surgery 97
4. <http://www.ncbi.nlm.nih.gov/pubmed/19723692>

### SASES EXECUTIVE COMMITTEE 2010/2011

PRESIDENT: Prof R Baigrie PAST PRESIDENT: Dr JA Potgieter VICE PRESIDENT: Dr D Folscher  
SECRETARY: Dr D Brombacher TREASURER: Dr E Swanepoel  
MEMBERS: Dr R de Beer, Dr M Naidoo, Prof D Bizos, Prof E Panieri  
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